

## Day 23: Delhi Terrace — Loo Wind + Heat Fix

thetrendvaultblog.com — Priya Harini B, Madanapalle

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Delhi is the hardest container gardening city in India. Four challenges no other city combines: tap water pH 7.6–8.2 (fastest pH drift), ambient 44–48°C (total pollen sterility from 9 AM), loo winds 42–58 km/h at high-floor level (strips container moisture in 4 hours), and PM2.5 100–120 µg/m<sup>3</sup> (blocks stomata on every leaf). Each requires a separate targeted intervention.

### DELHI VS OTHER CITIES — WHY STANDARD ADVICE FAILS HERE

City	May Peak Temp	Tap Water pH	Loo Wind	Difficulty
Delhi (Dwarka)	44–48°C	7.6–8.2	42–58 km/h (8F+)	EXTREME
Jaipur	42–46°C	7.4–7.9	Frequent	EXTREME
Ahmedabad	40–44°C	7.0–7.5	Occasional	VERY HIGH
Mumbai	35–40°C	7.2–7.8	None	HIGH (humidity)
Bangalore	30–35°C	6.8–7.3	None	MODERATE

### THE LOO WIND EMERGENCY — WHAT IT DOES TO YOUR CONTAINERS

At 50 km/h + 15% humidity + 46°C: A 12-inch terracotta pot loses 30–45% of its available soil moisture in 4 hours. A daily watering schedule that works on still days is completely inadequate during loo events.

Ground level	18 km/h
4th floor	28 km/h
7th floor	40 km/h
9th floor+	50+ km/h

Wind amplification at high-floor terrace: 2.2–2.5× the street-level weather station reading.

## DELHI DIAGNOSIS TABLE – WHAT EACH PROBLEM LOOKS LIKE

What You See	Root Cause	Confirmation Test	First Fix
Yellow new leaves despite NPK	pH 7.4–8.1 lockout	pH meter test	Ferrous sulphate + vinegar water
Flowers, zero fruit despite pollination	Pollen sterile after 9 AM	Temp at 9 AM >38°C	6 AM electric toothbrush pollination
Severe wilt by noon on windy days	Loo desiccation	Soil moist at 6 AM, dry at noon	Noon supplemental 200ml, coir mulch
Slow growth, improves after rain	PM2.5 stomata blockage	Vigour improves 2–3 days post-rain	Weekly leaf wash with clean water
Silver streaks on capsicum leaves	Thrips	Inspect inside flowers for specks	Neem oil inside flowers, 5-day cycles

## THE MORNING POLLINATION WINDOW – DELHI'S MOST CRITICAL RULE

**VIABLE WINDOW: 6:00–7:30 AM**

Temperature 30–34°C. Pollen viable. Use electric toothbrush held against flower clusters 2–3 seconds (sonication). Works for tomatoes and capsicum.

**AFTER 7:30 AM: STOP**

By 8:30 AM temp already 38°C – pollen viability declining. By 10 AM: 42°C – pollen dead. Hand pollination after 7:30 AM is completely useless.

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## Day 23: Delhi Correction Protocols

pH Fix • Loo Wind Protocol • PM2.5 Leaf Wash

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### DELHI PH CORRECTION — MORE AGGRESSIVE THAN OTHER CITIES

#### Soil correction (every 8 days for 6 weeks):

- 1 Mix 7g ferrous sulphate + 3g citric acid per litre
- 2 Apply 1.5 litres per 12-inch container every 8 days
- 3 Replace top 5cm soil with 50% vermicompost mix

#### PLUS daily water acidification (every day):

- 1 Add 1ml food-grade white vinegar per litre of watering water
- 2 This reduces water pH from 7.9 to approximately 6.8–7.0
- 3 Cost: ₹30–50 for 500ml vinegar bottle — lasts 2–3 months

### LOO WIND EMERGENCY PROTOCOL — BEFORE + DURING + AFTER

When	Action	Cost
By May 10 (install before loo season)	Install 70% density shade cloth vertically on south and west parapets	₹450–600
By May 10	Apply 50mm coarse coir mulch to all container surfaces	₹80–120
Daily loo check (wind >35 km/h)	200ml supplemental watering per 12-inch pot at noon	₹0
During loo event	Group containers in the most protected north corner	₹0
After severe loo (6+ hrs, 50+ km/h)	Test soil moisture before next morning watering — roots may be stressed	₹0

#### ⚠ NEVER spray foliar products during a loo event

Any spray applied during loo wind conditions is stripped from the leaf surface immediately. It wastes product and achieves nothing. Wait until the wind drops below 20 km/h before any foliar application.

## PM2.5 WEEKLY LEAF WASH PROTOCOL

- 1 Every Sunday morning before watering — fill a 5-litre bucket with clean water
- 2 Wipe all leaf surfaces (upper AND lower) with soft cloth or watering can rosehead
- 3 While washing leaves = complete your underleaf pest inspection simultaneously
- 4 Allow leaves to air-dry before peak temperature hours — do not leave wet leaves in direct sun

Cost: ₹0. Measurably faster growth in weeks with leaf washing vs without. Most visible after air quality index above 150.

## DELHI CROP SELECTION — WORK WITH THE CLIMATE

## ✓ GROW (May–June)

Lauki (bottle gourd)  
Tinda (round gourd)  
Karela (bitter gourd)  
Turai (ridge gourd)  
Brinjal (any variety)  
Green chilli  
Bhindi (okra)

## △ MARGINAL

Pusa Ruby tomato (sow Feb, harvest before June)  
Bharat capsicum (veg growth ok, fruit limited)  
Methi (Feb–March sowing only)  
Coriander (Feb–March window)

## ✗ AVOID May–June

Lettuce / any leafy green  
Beefsteak tomato (imported)  
Basil (wait for July)  
Any variety not rated for >40°C

## Vikram Nair — Dwarka, Delhi — 8th Floor South–Facing

## 2021–2022: FAILED

2.5 kg across 2 seasons. Tried: NPK, different varieties, hand pollination with swab, weekly neem spray. All missed the underlying causes.

## FEB 2023: MEASURED 4 THINGS

Water pH 7.9. Soil pH 7.4–7.9. South wall 51°C at 3 PM. Wind 28 km/h moderate day. Loo events: 14 in May alone.

## 2023 HARVEST: 28.7 KG

Lauki 4.1 kg • Tinda 2.8 kg • Tomato 11.8 kg • Brinjal 6.2 kg • Methi 1.4 kg • Chilli 1.2 kg

*“Two years of thinking my terrace was the problem. The terrace was fine. I just needed to measure what it was doing to my plants.”*

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## Day 23: Delhi Annual Calendar + 45-Item Sunday Check

Recovery Timeline • Products • Prevention Schedule

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### DELHI ANNUAL CONTAINER GARDEN CALENDAR

Period	Dates	Key Actions	Critical Risk
Pre-season setup	Feb 1–28	pH test all containers; water quality lab test (₹150); order ferrous sulphate	pH drift from prev. season
Early sowing window	Mar 1–31	Sow tomato, lauki, tinda, methi, coriander; install three-point staking; start vinegar water	Last safe sowing before heat
Rising heat	Apr 1–30	Morning pollination alarm 6:15 AM; 70% cloth + mulch install; PM2.5 wash begins; thrips + spider mite watch	pH rebound, spider mites, aphids
LOO PEAK	May 15–Jun 20	Container clustering; noon supplemental watering; 6:00–7:30 AM pollination only; saucers removed by May 25	<b>EXTREME — all 4 risks active</b>
Monsoon transition	Jun 20–Jul 15	Remove saucers, elevate on bricks; stop noon watering; root rot vigilance; monsoon crops start	Root rot from drainage failure
Monsoon growing	Jul–Sep	Palak, brinjal, okra; monitor root rot; September soil pH reset from rain	Root rot risk continues

### RECOVERY AFTER LOO WIND DESICCATION EVENTS

Wilt Severity	Recovery Time	Actions Required
Brief afternoon wilt, resolves by evening	No lasting damage	Continue normal schedule
Persistent wilt into night	<b>2–3 days</b>	Reduce fertiliser, check roots, water normally 6 AM

Wilt not resolved next morning	5–7 days	Check drainage, inspect roots, stop fertilising 2 weeks
No improvement after 1 week	Possibly irreversible	Emergency scoring or move to cooler location

#### THE 45-ITEM SUNDAY CHECK – DAY 23 COMPLETE LIST

- |  |   |
|--|---|
| <input type="checkbox"/> Soil moisture finger test at 5cm      | <input type="checkbox"/> Drainage hole – free flow              |
| <input type="checkbox"/> White crust on soil surface           | <input type="checkbox"/> Soil smell – earthy ok, sour = problem |
| <input type="checkbox"/> Pot lift test – heavy = waterlogged   | <input type="checkbox"/> Pot surface temp at 2 PM (infrared)    |
| <input type="checkbox"/> Wilting pattern – AM vs all-day       | <input type="checkbox"/> Leaf undersides – tap test paper       |
| <input type="checkbox"/> Growing tips – sticky or distorted    | <input type="checkbox"/> White powder – upper surface PM check  |
| <input type="checkbox"/> Fruit surface at 1 PM – sunscald      | <input type="checkbox"/> Leaf cover over fruit clusters         |
| <input type="checkbox"/> Stem lean >10° = stake today          | <input type="checkbox"/> Wind ribbon check – horizontal = act   |
| <input type="checkbox"/> Flower drop on windy days (count)     | <input type="checkbox"/> Fruit set count – alert if <30%        |
| <input type="checkbox"/> Shade cloth – 70% intact, no tears    | <input type="checkbox"/> Skewer grid on bare soil containers    |
| <input type="checkbox"/> Paw print inspection                  | <input type="checkbox"/> Fruit drop change after corrections    |
| <input type="checkbox"/> Fridge temp – veg drawer >10°C        | <input type="checkbox"/> Harvest surplus >3 days = process      |
| <input type="checkbox"/> Leaf underside edema check            | <input type="checkbox"/> Watering time – before 9 AM            |
| <input type="checkbox"/> Drainage speed test (monthly)         | <input type="checkbox"/> Root inspection (monthly slide-out)    |
| <input type="checkbox"/> Underleaf pest inspection – 3 leaves  | <input type="checkbox"/> Sticky trap count – record weekly      |
| <input type="checkbox"/> pH check monthly – target 6.2–6.8     | <input type="checkbox"/> Herb bolt check – stalk height         |
| <input type="checkbox"/> Succession sowing reminder            | <input type="checkbox"/> Flower drop vs wind/temp correlation   |
| <input type="checkbox"/> New growth colour – pale = pH drift   | <input type="checkbox"/> White paper tap test for spider mites  |
| <input type="checkbox"/> Pot wall temp (south-facing in Delhi) | <input type="checkbox"/> Stem lean + stake security check       |
| <input type="checkbox"/> Wind flower drop count confirmed      | <input type="checkbox"/> Skewer grid – harvested pots included  |

- Paw print monitoring
- Harvest surplus process check
- Cost-harvest log update
- Loo wind alert: Check IMD forecast for loo conditions (temp >42°C + westerly >25 km/h + RH <25%). Activate noon supplemental watering protocol for the coming week. Check coir mulch depth (50mm minimum) NEW – Day 23
- PM2.5 leaf wash: First Sunday of each month – wash all leaf surfaces (upper and lower) with soft cloth. Record PM2.5 accumulation level observed. Complete underleaf pest inspection simultaneously NEW – Day 23
- Fridge + storage audit
- Multi-problem cross-check monthly

45 checks. Under 50 minutes. Once a week.

“Delhi’s conditions are hard. But hard is not impossible. It is specific. And specific problems have specific solutions.”

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